

Posttraumatic Stress in Preschool Children: Assessment and Evidence-Based Treatment

June 27 & 28, 2008

Friday June 27, 2008 (6.5 credits)

Assessment of PTSD in Preschool Children

7:30 am - 8:30 am	Continental Breakfast
8:30 am - 8:35 am	Welcome and Program Overview
8:35 am - 8:45 am	DSM-IV Plus Associated Symptoms
8:45 am - 9:00 am	Developmental Challenges in the Assessment of PTSD
9:00 am - 9:15 am	Procedural Validity of Assessment: Whom Do You Ask About What? The Limits of Child Report and Observation.
9:15 am - 10:00 am	The Semi-Structured Interview for PTSD: The 5 Re-experiencing Symptoms – Part I Intrusive Recollections and Play Reenactments
10:00 am - 10:15 am	Break
10:15 am - 12:00 pm	The 5 Re-experiencing Symptoms – Part II How is Distress at Reminders Different from Avoidance of Reminders? Why Educational Interviewing is Mandatory: The No → Yes and Yes → No Phenomena
12:00 pm - 1:00 pm	Lunch on your own
1:00 pm - 2:30 pm	The 5 Re-experiencing Symptoms – Part III Flashbacks and Dissociation
2:30 pm - 2:45 pm	Break
2:45 pm - 3:30 pm	The 7 Numbing and Avoidance Symptoms
3:30 pm - 4:00 pm	The 5 Hyperarousal Symptoms
4:00 pm - 4:15 pm	Associated Developmental Symptoms - Which Symptoms Are Most Common?
4:15 pm - 4:30 pm	Future Directions. What's Needed Beyond DSM-IV?
4:30 pm	Adjourn for the day

Saturday June 28, 2008 (6.75 credits)

Manualized 12-Session CBT Treatment of PTSD in Preschool Children: How-To, Feasibility, and Effectiveness

7:30 am - 8:30 am	Continental Breakfast
8:30 am - 8:35 am	Overview of the 12-Sessions
8:35 am - 8:50 am	A Very Brief Primer on CBT
8:50 am - 10:00 am	How Much Cognitive Therapy Can Preschool Children Really Do? Sessions 1-3 Teaching Young Children About PTSD with Cartoons. Proactively Addressing Oppositional-Defiant Behavior. Addressing Parental Reluctance Head On. How Much Should You Address Rearing Practices?
10:00 am - 10:15 am	Break
10:15 am - 10:35 am	Getting Compliance in Session: The Tom Sawyer Technique, the Bring It On Technique, the Time Limit, the Sticker, and the Less is More Technique, and Others
10:35 am - 12:00 pm	Sessions 4 & 5 Relaxation Techniques Telling the Story: Young Children's Narratives of Traumatic Events
12:00 am - 1:00 pm	Lunch on your own
1:00 pm - 2:30 pm	Sessions 6, 7, and 8 In-office Exposures and Homework Exposures — Safety Planning
2:30 pm - 2:45 pm	Break
2:45 pm - 3:25 pm	Sessions 9 and 10 Worst Moment Exposures
3:25 pm - 3:45 pm	Session 11. Relapse prevention
3:45 pm - 4:00 pm	Session 12. Narrative Review
4:00 pm - 4:30 pm	Group Outcome Data — Treatment Fidelity Data — Feasibility Data
4:30 pm	Program Adjourns

Iberville Suites Hotel
New Orleans, LA

presented by:

Tulane University
School of Medicine

▲ Department of
Psychiatry &
Neurology

▲ Center for
Continuing
Education

This CME activity addresses components of the six competencies identified by the ABMS to be maintained by all physicians (medical knowledge, patient care, interpersonal and communication skills, professionalism, practice-based learning and improvement, systems-based practice).

Every effort has been made to present the program schedule as accurately as possible from information available at brochure printing time. We reserve the right to make changes to the program.

Overview

This is intended to be a how-to workshop for participants to leave with a working knowledge of the nuts and bolts for practical every day clinical work. This will be conducted through lecture and supported by video examples from Dr. Scheeringa's research studies. Audience size precludes experiential learning.

Registration fee includes copies of Dr. Scheeringa's research-tested diagnostic interview for PTSD in young children and the 12-session manualized protocol for CBT treatment of PTSD in preschool children, including treatment fidelity checklists, weekly symptom rating forms, and other measures. This manual was developed to treat PTSD symptomatology from any kind of traumatic event. The workshop will demonstrate how to use the CBT techniques and how to identify feelings with preschool children, use a stress thermometer, build a stimulus hierarchy, use relaxation techniques, graded exposure in the office, and accomplish homework. This activity will also explain and illustrate the techniques of dealing with the emotional aspects of trauma for mothers, including systematic data about guilt, reluctance, depression, and their own PTSD symptoms of intrusive memories and distress at reminders, and how to intervene.



Dr. Scheeringa is a recognized expert on PTSD in infant and preschool children. His research with preschool children includes studies that validated the alternative criteria to diagnose PTSD, longitudinal studies of PTSD, and randomized CBT treatment of PTSD.

Who Should Attend?

- Psychologists
- Social Workers
- Child Psychiatrists
- Other Mental Health Professionals

Educational Objectives

After participating in this educational activity, the participant should be better able to:

- Interview caregivers about the symptoms of PTSD in their preschool children.
- Detect symptoms and make diagnoses of PTSD in preschool children.
- Implement CBT therapy to treat PTSD in preschool children.

Accreditation

Tulane University Health Sciences Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Designation

Tulane University Health Sciences Center designates this educational activity for a maximum of **13.25 AMA PRA Category 1 Credits**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Tulane University Health Sciences Center presents this activity for educational purposes only and does not endorse any product, content of presentation or exhibit. Participants are expected to utilize their own expertise and judgment while engaged in the practice of medicine. The content of the presentations is provided solely by presenters who have been selected because of their recognized expertise.

Disclosure Statement

It is the policy of the Center for Continuing Education at Tulane University Health Sciences Center to plan and implement all of its educational activities in accordance with the ACCME's Essential Areas and Policies to ensure balance, independence, objectivity and scientific rigor. In accordance with the ACCME's 2004 Standards for Commercial Support, everyone who is in a position to control the content of an educational activity certified for *AMA PRA Category 1 Credit™* is required to disclose all relevant financial relationships with any commercial interests within the past 12 months that creates a real or apparent conflict of interest. Individuals who do not disclose are disqualified from participating in a CME activity. Individuals with potential for influence or control of CME content include planners and planning committee members, authors, teachers, educational activity directors, educational partners, and others who participate, e.g. facilitators and moderators. This disclosure pertains to relationships with pharmaceutical companies, biomedical device manufacturers or other corporations whose products or services are related to the subject matter of the presentation topic. Any real or apparent conflicts of interest related to the content of the presentations must be resolved prior to the educational activity. Disclosure of off-label, experimental or investigational use of drugs or devices must also be made known to the audience.

Registration

The registration fee includes all educational sessions and materials, continental breakfast and refreshment breaks. Register online at www.cme.tulane.edu, complete the registration form and return it with payment to: Center for Continuing Education (TB 51), Tulane University Health Sciences Center, 1430 Tulane Avenue, New Orleans, Louisiana 70112-2699. You may also fax your credit card registration to 504-988-1779.

Written notification of cancellation must be postmarked by June 12, 2008 to obtain a partial refund of the registration fee (a \$75 administrative fee will be retained). After that time, no refunds will be issued. Tulane University Health Sciences Center reserves the right to cancel this program if there are insufficient registrations. Full refunds would be made in that event. However, Tulane University Health Sciences Center is not responsible for any related costs or expenses including change/cancellation charges assessed by airlines. If you do not receive confirmation in a timely manner, please call us at (504) 988-5466 or 800-588-5300.

Meeting Site & Accommodations

- **Iberville Suites Hotel**
910 Iberville Street
New Orleans Louisiana
Reservations: (866)229-4351
- \$89 single/double plus taxes. Refer to the “**Tulane PTSD**” program to receive the discounted rate.
- Reservation cut-off date is May 28, 2008 after this date, rooms & rates are subject to availability.
Reserve Early! If rooms at the Iberville Suites Hotel sell out, please contact our office at 504-988-5466 or 800-588-5300 for reservation assistance.
- A written confirmation will be sent by the hotel upon request.

Registration Form (register ONLINE at www.cme.tulane.edu)

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PLEASE PRINT

Name: _____ Degree: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone: _____ Fax: _____ Specialty: _____

Last four digits of SS#: _____ Email Address: _____

Emergency Contact: _____

Phone: _____ Alternate Number: _____

Payment Method:

Check or Money Order (Payable to Tulane University Health Sciences Center – CCE)

Visa or MasterCard

Card #: _____ Exp. Date: _____

Authorized Signature: _____

Total Fee: _____

Registration Fees:

Postmarked On or Before May 26, 2008 - \$300

Postmarked after May 26, 2008 - \$350



Special needs as designated by ADA:



Dietary restrictions:

Register Online at www.cme.tulane.edu

Detach and Mail to:

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and the Center for Continuing Education**